

SONS OF THUNDER PAINTBALL

WELCOME GUIDE

Welcome to your first Sons of Thunder event, we're glad you're here. We understand that your first time playing can be a bit daunting and we'd love to help by answering a few of the common questions we get. If you want to know more, just ask, any member of the Sons of Thunder would be glad to help you out.

What should I wear to go paintballing?

We typically recommend wearing comfortable clothing, that you don't mind getting dirty. You'll be spending time out in the woods, where mud and grass stains are pretty common. Make sure you wear comfortable footwear that provides good support too.

What should I expect to experience while playing?

Paintball is an active game, where running, crawling, and jumping are all common activities. The game is played in the woods, where mud and water are common, and getting dirty or wet is part of the game. Another thing that is common in the woods is wildlife, including mosquitos, flies, and ticks; make sure you use bug spray to avoid these critters. It's also pretty common to be shot at and hit with paintballs.

Does getting hit with a paintball hurt?

It depends on the person and the situation, but it usually isn't too bad. Some parts of the body do hurt more than others, such as the fingers. We recommend having any sensitive body parts adequately covered to help dampen the impact. We also recommend being involved in the game. As the adrenaline level goes up the impact and any pain that might be felt are far less noticeable.

Does getting hit with a paintball leave a bruise?

Usually the impact area from a paintball is fairly small, about the size of a nickel. However it can leave a welt on the skin, with a slight bump, a little bit of bruising, and possibly a red outline of the impact spot. This isn't permanent and typically disappears within a few days. Your skin type can affect how long it takes and how prominent the welt appears.

Why do I have to wear this silly mask?

Safety. The masks required to play paintball provide coverage that protects your eyes, ears, nose, and mouth. All of these areas can be damaged by the impact of a paintball, especially the ears and eyes. Make sure you keep your mask on at all times on the field, because it is not worth losing hearing or vision.